



Team Building

How Your Organization Will Benefit

When you implement Team Building, your organization will:

- Achieve greater levels of efficiency and effectiveness among newly formed or established work teams
- Align with the preferred teamwork styles of the individual team members to leverage strengths that contribute to team efforts
- Improve communication and collaboration among team members
- Increase individual and overall team effectiveness by establishing accountabilities and team norms
- Enhance the level of engagement and enthusiasm among all team members by creating an open and honest working environment

Program Highlights

During this highly interactive workshop, members of work teams engage in activities that help them:

- Understand current dynamics and how to achieve team effectiveness
- Strive to create and sustain an open, supportive, and collaborative environment
- Understand each individual team member's strengths and how each team member contributes to the team's goals
- Hold each other accountable to a common purpose and goals established in a charter
- Operate more efficiently by establishing high performing standards of behavior based on agreed upon team norms
- Establish an open, supportive, and collaborative work environment in which to work closely to achieve goals
- Draw out the best ideas from team members and develop them into practical solutions that meet team objectives
- Use emotional intelligence to maintain a professional demeanor—even in the most emotionally charged conversations—to reach a productive outcome
- Develop a team charter that outlines the purpose, common goals, and expected behaviors of the team as members work collaboratively to achieve team objectives

How Learning Takes Place

Team Building offers a comprehensive approach to improving team performance. The program ensures that participants master the skills and concepts presented by employing a variety of interactive training methods:

- Short readings to familiarize participants with program skills and concepts
- Applications exercises to enhance participants' understanding of how to apply program skills
- Discussion to explore ideas and share best practices
- Group exercises to reinforce skill use
- Practice exercises to allow participants to practice and evaluate their skill use